Sherri Desroches

416-230-0643

Sherri.desroches@rogers.com

Coaching Certification

CanSkate Certified Level 2 Certified Special Olympics Competition Coach Special Olympics Community Sport Coach First Aid and CPR certified Police Check clearance

Personal Skating Achievements

Junior Silver Free Skating Gold Dance Gold Skating Skills (grandfathered) Interpretive/ice show experience

Years of Coaching 30 +

I continue to attend as many seminars as possible. I love hearing different teaching techniques and strategies, which allows me to grow and extend my knowledge to those skaters I teach.

Coaching Experience

CanSkate
StarSkate –dance, FreeSkate, interpretive, skating skills
Competitive Coaching at a National Level

Skating Related Achievements

Mentor Coach for COS –CanSkate and Primary StarSkate Levels
Special Olympics Skating Coach
Current Program Assistant Director
Ice Show Director, choreography and production of many, many ice shows
Program Director
Coached competitive skaters through to a National Level
Coached test stream skaters through to completion of Gold-tests

Central Ontario Section –Volunteer Coach Award Pre-Star / StarSkate Director

Philosophy

To guide, instruct and motivate each skater to reach their full potential and personal goals on and off the ice.